



CELERITYS

December 2009 Main Menu

Day	Date	Breakfast	Lunch
		<i>Served with Fruit, Milk & Juice</i>	<i>Served with Milk & FRUIT</i>
Monday			
Tuesday	12/1/09	Bagel with Cream Cheese	Chicken Quesadilla w/Green Salad and Rice
Wednesday	12/2/09	Pancakes with Turkey Sausage	B.B.Q Chicken Breast on Bun with Green Salad
Thursday	12/3/09	Coffee Cake with String Cheese	Cheese Pizza with Green Salad and Fruit
Friday	12/4/09	Cold Cereal w/ Banana	Turkey Burber, lettuce, tomatoes, coleslaw & Fruit
Monday	12/7/09	Bran Muffin with Yogurt	Spaghetti with turkey Sauce Served with Green Salad
Tuesday	12/8/09	Bagel with Cream Cheese	Chicken and Vegetables Taco Salad Served with Rice
Wednesday	12/9/09	Cinnamon French Toast	Half Turkey Torta sand. w/ rice and vegetable soup
Thursday	12/10/09	Fruit Parfait w/ Graham Crackers	Cheese Pizza with Green Salad and Fruit
Friday	12/11/09	Cold Cereal w/ Banana	Chicken Fettuccini Alfredo with Green Salad
Monday	12/14/09	Coffee Cake w/ String Cheese	Chicken with Vegetables Over Rice
Tuesday	12/15/09	Bagel with Cream Cheese	Italian Turkey Sandwich on Sourdough Bread/Green Salad & Fruit
Wednesday	12/16/09	Pancakes with Turkey Sausage.	B.B.Q Chicken Tender with Coleslaw and Cornbread
Thursday	12/17/09	Fruit Parfait w/ Graham Crackers	Cheese Pizza with Green Salad and Fruit
Friday	12/18/09	Cold Cereal w/ Banana	Chicken Teriyaki & Vegetables over white Rice
Monday	12/21/09		
Tuesday	12/22/09		
Wednesday	12/23/09		
Thursday	12/24/09	off	off
Friday	12/25/09	Christmas	Christmas
Monday	12/28/09		
Tuesday	12/29/09		
Wednesday	12/30/09		
Thursday	12/31/09		
Friday			NEW YEARS





Snack

Served with Apple Juice

Scooby Crackers

Jicama & Carrot Sticks

Animal Crackers

Honey Oats Granola Bar

Animal Crackers

Scooby Crackers

Gold Fish Crackers

Yogurt

Mini Pretzels

Fresh Fruit

Animal Crackers

Gold Fish Crackers

Yogurt

Honey Oats Granola Bar

off

Christmas

PLEASE PUT THE

DAYS YOUR SITE WILL BE OUT

sites will be closed from

12/21/2009 to 1/8/2010