



9525 Cozy croft Ave, "M"  
Chatsworth Ca 91311

For delivery Please call Carlos Saucedo at 818-294-2065

**November 2009 Main Menu**

Day	Date	Breakfast	Lunch	Snack
		<i>Served with Fruit, Milk &amp; Juice</i>	<i>Served with Milk &amp; Juice</i>	<i>Served with Apple Juice</i>
Monday	11/2/09	Coffee Cake with String Cheese	Turkey Burger with Cheese, lettuce,tomato on Bun & Fresh Fruit	Yogurt
Tuesday	11/3/09	Bagel with Cream Cheese	Teriyaki Chicken on Bun with Coleslaw	Scooby Crackers
Wednesday	11/4/09	Pancakes with Turkey Sausage	Turkey Breast Mashed Potatoes ,Gravy & corn Bread	Fresh Fruit
Thursday	11/5/09	Grilled Cheese on Wheat	Cheese Pizza with Green Salad and Fruit	Animal Crackers
Friday	11/6/09	Cold Cereal w/ Banana	Vegetarian Lasagna with Green Salad	Honey Oats Granola Bar
Monday	11/9/09	Blue Berry Muffin with Yogurt	Spaghetti with turkey Sauce Served with Green Salad	Jicama & Carrot Sticks
Tuesday	11/10/09	Bagel with Cream Cheese	Chicken and Vegetables Taco Salad Served w/ Roll	Scooby Crackers
Wednesday	11/11/09	Hot Apple oatmeal	Tuna Salad Sandwhich on Wheat w/Fruit & Salad	Gold Fish Crackers
Thursday	11/12/09	Pancakes with Turkey Sausage	Cheese Pizza with Green Salad and Fruit	Fresh Fruit
Friday	11/13/09	Cold Cereal w/ Banana	Chicken Quesadilla w/Green Salad and Rice	Mini Pretzels
Monday	11/16/09	Bran Muffin & String Cheese	Lemon Pepper Chicken Breast Served with Green Salad	Yogurt
Tuesday	11/17/09	Bagel with Cream Cheese	Hot Dog Served with Green Salad and Fruit	Crackers and String Cheese
Wednesday	11/18/09	Pancakes with Turkey Sausage	B.B.Q Chicken Tender with Coleslaw	Gold Fish Crackers
Thursday	11/19/09	Fruit Parfait w/ Graham Crackers	Cheese Pizza with Green Salad and Fruit	Carrot Sticks with Ranch*
Friday	11/20/09	Cold Cereal w/ Banana	Chicken & Vegetables Teriyaki over White Rice	Honey Oats Granola Bar
Monday	11/23/09	Coffee Cake with String Cheese	Chicken and Vegetables Taco Salad Served w/ Rice	Yogurt
Tuesday	11/24/09	Bagel with Cream Cheese	Spaghetti with turkey Sauce Served with Green Salad	Scooby Crackers
Wednesday	11/25/09	Cinnamon French Toast	Chicken Mole with Spanish Rice and Roll	Fresh Fruit
Thursday	11/26/09	THANKSGIVING	THANKSGIVING	THANKSGIVING
Friday	11/27/09	THANKSGIVING	THANKSGIVING	THANKSGIVING
Monday	11/30/09	Banana Muffin With Yogurt	Chicken Fettuccini Alfredo with Green Salad	Cocoa Puffs Bar
Tuesday				
Wednesday				
Thursday				
Friday				